

Dr Federico Campos is a medical doctor and neurodevelopmental psychiatrist with over 20 years of experience in acupuncture. He trained in Traditional Chinese Medicine and medical acupuncture and is currently President of the British Medical Acupuncture Society (BMAS), where he also serves as a senior lecturer, teaching medical acupuncture to healthcare professionals.

Dr Campos is a Senior Honorary Clinical Lecturer at Barts and The London School of Medicine and Dentistry, Queen Mary University of London, where he teaches psychiatry and nutrition and delivers integrated lectures on acupuncture to second- and fifth-year medical students.

He previously ran an NHS acupuncture clinic at the Royal London Hospital for Integrative Medicine, helping to integrate acupuncture into mainstream care. In his private psychiatric practice, he specializes in neurodevelopmental conditions such as ADHD and autism, with a focus on lifestyle and nutrition. Dr Campos acts as a consultant to Parliament, contributing to policy discussions aimed at improving healthcare standards and safeguarding the wellbeing of young people