

Profile

Beverley has over 25 years' experience of investigating using acupuncture in the supportive care of people living with and beyond cancer, as Researcher in Integrative Medicine in the Supportive Oncology Research Team (SORT) in the East and North Hertfordshire NHS Trust incorporating Mount Vernon Cancer Centre. She lectures internationally and has numerous publications, including her book *Acupuncture and Cancer Survivorship: Recovery, Renewal and Transformation* published in July 2023. She led an international collaboration to produce multi-award-winning recommendations for the safe practice of acupuncture in cancer care. Beverley opened the first acupuncture clinics in the UK to focus on the challenges faced by cancer survivors post-treatment.

Education

Date	Degree	Subject	University/Institute
09/01/2007	PhD	Health (Acupuncture)	University of West London
01/09/2004	PGCE	Research Methods	University of West London
01/05/1999	Licentiate in Acupuncture	Acupuncture	College of Integrated Chinese Medicine
1986	MA	Aesthetics	University of Reading
1984	BA (Hons)	Modern English Literature	Kingston University

Work experience

Start Date	End Date	Job Title	Employer/Organisation
17/05/1999	12/11/2025	Researcher in Integrative Medicine / Research Acupuncturist (part-time)	Supportive Oncology Research Team (SORT), East & North Hertfordshire NHS Trust incorporating Mount Vernon Cancer Centre
01/01/1999	Present	Acupuncturist (part-time)	Self-employed
05/09/2012	Present	Author	Self-employed
01/01/2003	15/05/2007	Senior Lecturer	University of West London
01/02/1996	01/08/2003	Aromatherapist	North Middlesex University Hospital NHS Trust

Honorary and other positions

Start Date	End Date	Role	Organisation
March 2024	present	Council Member	British Society for Integrative Oncology
July 2019	present	Research Advisor	Sharon Wheeler's ScarWork UK
Oct 2017	Oct 2020	Chair, BLS Scientific Committee	British Lymphology Society
Sept 2011	Present	Honorary Research Fellow	University of Bristol
2011	Present	Fellow	British Acupuncture Council

Selected publications

de Valois B, Young T, Zollman C, et al (2024) Acupuncture in cancer care: Recommendations for safe practice (peer reviewed expert opinion). *Supportive Care in Cancer*. 32:229 <https://rdcu.be/dBgFZ>

de Valois B, Young T (2023) Lessons Learned in 20 Years of Acupuncture Research. *European Journal of Oriental Medicine* 10:2.

de Valois B, Young T, Thorpe P, Degun T, Corbishley K. (2022) Acupuncture in the real world: evaluating a 15-year NADA auricular acupuncture service for breast cancer survivors experiencing hot flushes and night sweats as a consequence of adjuvant hormonal therapies. *Supportive Care in Cancer*. Jun;30(6):5063-5074. <https://link.springer.com/article/10.1007/s00520-022-06898-7>

Langevin HM, Keely P, Mao J, Hodge LM, Schleip R, Deng G, Hinz B, Swartz MA, de Valois BA, Zick S, Tindley T (2016) Connecting (T)issues: How Research in Fascia Biology Can Impact Integrative Oncology. *Cancer Research* <https://cancerres.aacrjournals.org/content/76/21/6159>

de Valois B, Asprey A, Young T (2016) "The monkey on your shoulder": a qualitative study of lymphoedema patients' attitudes to and experiences of acupuncture and moxibustion (acu/moxa). *Evidence-based Complementary and Alternative Medicine*. vol. 2016, Article ID 4298420, 14 pages. <https://www.hindawi.com/journals/ecam/2016/4298420/>

A list of all publications can be found at <https://beverleydevalois.com/publications>